

Continued from page 1

Epicurean Delight Fundraiser

www.RenzCenter.org/events.htm. All proceeds benefit Renz Center programs.

Hope Bracelet Charm Unveiled

A message of inspiration... Renz Center is pleased to unveil its new Hope Bracelet charm to commemorate National Recovery Month. Throughout September and October, the crystal blue and clear beaded Swarovski® charm will be available for purchase as a special keepsake in celebration of all the individuals who have embraced recovery.

Jewelry designer Laura Griggs of Crystal Blue Jewelry in St. Charles unveiled two bracelets at last year's Epicurean Delight that she created unique to Renz Center. The first bracelet features Swarovski® crystals weaved between sterling silver with a lobster clasp; the second a sterling silver chain bracelet with a contemporary toggle



To order online, visit www.renzcenter.org/sc/hopebracelets.php

clasp. Both bracelets have a sterling silver "Hope" charm. Griggs will be available at Epicurean Delight to size bracelets and attach the new 2010 charm.

Bracelets and charms may be purchased online or during Epicurean Delight. The new 2010 Swarovski® charm is available for \$15, and the bracelet—which includes the Hope inscribed charm—is available for \$35 each, plus shipping and handling for all online orders. Both bracelet and Swarovski® charm may be purchased together for \$45 (a \$5 savings). Charms purchased in advance of the event may be attached to the Hope Bracelet the night of Epicurean Delight. Orders taken at Epicurean will be mailed out within 8 business days.

Checks are also accepted and should be payable to Renz Center, and mailed to Deb Howe's attention at Renz Center in Elgin.

ST CHARLES OUTPATIENT
309 Walnut Street
St. Charles, IL 60174
(630) 513-6886
Fax: (630) 513-6892

STREAMWOOD OUTPATIENT
1535 Burgundy Parkway
Streamwood, IL 60107
(630) 837-6445
Fax: (630) 837-7184

PREVENTION OFFICE
EMPLOYEE ASSISTANCE SERVICES
ADMINISTRATION
One American Way
Elgin, IL 60120
(847) 742-3545
Fax: (847) 697-2719 (Prevention)
Fax: (847) 697-5583 (Admin. & EAS)

ELGIN OUTPATIENT & PASSAGE PROGRAM
Two American Way
Elgin, IL 60120
(847) 742-3545
TDD: (847) 742-0242
Fax: (847) 742-3559 (Outpatient)
Fax: (847) 697-6583 (Passage)

www.renzcenter.org





Pathways

guiding people to a pathway of wellness

volume 15 • issue 1 • Summer 2010

Mission Statement

Renz Addiction Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction. The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction-related issues.

Calendar of Events

September

National Recovery Month

September 21st

Free Substance Abuse Assessment Screening
11 a.m.-1 p.m.

Two American Way, Elgin and

September 22nd

309 Walnut, St. Charles
10 a.m.-11 a.m.

September 25th

Epicurean Delight Fundraiser

October 15th

National Latino HIV Awareness Day

October 23rd-31st

National Red Ribbon Week

December 1st

World Aids Day



3rd Annual Epicurean Delight Fundraiser: A Culinary Adventure To Remember

Join us for a unique culinary experience as Renz Center hosts its 3rd Annual Epicurean Delight Fundraiser September 25th, 6:00-9:00 p.m., at Elgin Community College's Culinary Arts & Hospitality Institute. Guests who have a passion for food will have the opportunity to learn cooking secrets, taste savory and sweet foods, enjoy complimentary wine tastings, and take home recipes from the evening's affair.

New this year...Sommelier Don Clemens will give pairing advice and guide guests through the labyrinth of wine selections, and fruit sculptor Kevin Molitor will create unique pieces of art.

Guests will have an opportunity to watch Chef Tom Johnston and top ECC culinary art students cook along side such local celebrity chefs as David Bear, owner of McDonald Restaurants of Elgin; Mary Hyatt, executive director, Kane County Court Services; Deb Pankey, food editor, Daily Herald; and Jeff Risch, attorney at SmithAmundsen, as they prepare hors de oeuvres and desserts in the Spartan Terrace Restaurant. Chef Johnston takes center stage as the evening concludes with a special dessert.

"If you like to watch cooking shows, Epicurean Delight is a notch above," said Renz Board President Dr. Ian Jones. "You not only get to watch, learn and taste, but a wine expert is on-hand to offer pairing advice and guide you through the selection process."

Throughout the evening, guests can also participate in raffle drawings for culinary-themed baskets filled with cookbooks, gourmet food and utensils, Blue Man Group tickets, hotel weekenders, local restaurant gift certificates, and more.

Tickets to Epicurean Delight are \$70 per person, and are available by calling Deb Howe at (847) 742-3545 ext. 236, through email at dhowe@RenzCenter.org, or visit

Top Epicurean Delight Celebrity Chef Sponsors
First Community Bank
Tighe, Kress & Orr, PC

Other sponsors include:

Susan Angell-Case of Baird & Warner
Brittain's Express Oil and Lube
Corkill Insurance Agency
EFS Foundation
Fox Valley Fire & Safety Company
Hausner Foundation
IHC Construction Companies
Lundstrom Insurance
Master Molded Products Corporation
Smiles For Life Dental
Temple Architects
Barbara Weiner

If you would like to be an Epicurean Delight sponsor or make a raffle basket donation, please contact Deb Howe at dhowe@RenzCenter.org. All proceeds benefit Renz Center programs.



Continued on back page

Thank You Donors!

Renz Center is always appreciative of our donors' support, and we'd like to recognize those individuals or businesses that have given since April 2009.

2010-2011

Board of Directors

Ian Jones, M.D.
President

Jolie Esposito
Vice President

Michael Walsh
Secretary/Treasurer

Susan Angell-Case
Allen Belanger
Robert Hansen
James Lamkin
Laura Newman
Jeff Risch
Terrie Rosenberg
Sherry Totzke

Ron Razowsky
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Administration

Jerry Skogmo
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Director of Clinical Services

Lora Tovar
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Bespoke Cuisine
Beu, Bruce & Lauri
Beu, Richard
Beyer, Karen
Blackstone Golf Club
Blair, Rebecca
Blue Man Group
Bob Chinn's Crab House Restaurant
Brandes, James and Rhonda
Brittain's Express Car Wash
Busch, Nancy
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Chicago Fire Soccer
Circus World
Clare M. Ollayos, D.C.
Classic Cinemas/Cinema 12
CoCo Key Water Resort
Collegiate Landscape
Constant, Frank and Mary
Corbett, Jim
Corkill Insurance
Costco Wholesale-St. Charles
Country Garden Cuisine
Crown, Mark & Kim
Crystal Woods Golf Club
Deering, Linda
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Diamond Mart, Inc.
ECC - G.L.O.B.E.S. Diversity Club
EFS Foundation
Elgin Community College Arts Center
Elgin Junior Womans Club
Elgin Parks & Recreation Department
Elgin State Bank
Elgin Township
Elgin Woman's Club
Elgin Youth Symphony Orchestra
Embassy Suites Hotels

Entourage
Esposito, Jolie
Falls, Jill
Family Service Association of Greater Elgin Area
Farmers' Guest House
Farnham, Keith
First Chicago Bank & Trust
First Community Bank
Fox Valley Fire & Safety Co.
Fox, Karen & Dan
Franz G. Stockmann, D.D.S., Goodsearch
Great Clips
Hanfling, Stuart and Rochell
Hanover Township Mental Health Board
Hansen, Bob
Hausner Foundation
Hemmens Cultural Center
Hoffman, Lane
Howe, Deb & David
Howe, Marv & Marilyn
IGive.com
IHC Construction Companies, LLC
Illinois Railway Museum
ITW Shakeproof - Illinois
Toolworks Foundation
Jakle, Rick
Jones, Ian, M.D.,
JP Morgan Chase
Kane County Cougars
Kenyon, Michael and Carol
Kiwanis Club of Elgin
Kountry Kennels
Lamothe, Robert and Mary
Lamp Inc.
Larkin Pro Wash Express, Inc.
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Little Home Church by the Wayside
Lowry, Diane and Scott
Lueth, Michael & Joyce
Lundstrom Insurance
Lynfred Winery
Lytle, Miriam
Maggiano's Little Italy
Manning Silverman & Company
Marcus Theaters Corporation
Marison Industries

Marriott Theatre In Lincolnshire
Master Molded Products, Corp.
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McCann, Susan
Miller, Ruth
Miner, Elmer
Moylan, Bill & Sue
Mt. Olympus Water & Theme Park
Mueller, Karl & Joanna
Newman, Laura
Nichols, Robert
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Omni Hotels
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P.A.D.S. of Elgin, Inc.
Panera Bread
Parties That Cook!
Phelan Household
Popeye's On Lake Geneva
Pullman, Lysette
Rauschenberger, Steve
Razowsky, Ron & Barb
Reinhardt, Dee
Robinson Legal Services
Rosenberg, Robert & Terrie
SciTech Hands-On Museum
Seigle Family Foundation
Shales, John & Marlene
Shedd Aquarium
Singles Roofing Company, Inc.
Skogmo, Jerry & Mindy
Smile for Life Dental
Sony Electronics Inc.
Springhill Gymnastics, Inc.
Stanczak, Joe
Temple Architects
The National Bank
Tighe, Kress & Orr, P.C.
Top Secret, Inc.
Totzke, Sherry
Tovar, Lora
TRU
United Way Quad Cities Area
Villa Olivia Country Club
Walleye Grill Restaurant
Walsh, Mike & Sheila
Weiner, Barbara
YWCA of Elgin
Zanies Comedy Nite Club
Zurich Foundation

Renz Center is a non-profit 501 (c)(3) organization funded in part by The Federal Government, The United Way, The Department of Human Services, Division of Alcohol & Substance Abuse, Hanover Township, Geneva, Schaumburg and St. Charles 708 boards and other local community organizations.



Homeless Receive Comprehensive Care

Over the last several years, the number of suburban homeless individuals in need of comprehensive case management services has been on the rise and has shown no signs of slowing down. Loss of employment, depression, substance abuse, and mental health issues often play a role in homelessness...many times leaving an individual feeling hopeless and paralyzed to change. To help individuals overcome these myriad of obstacles and healthcare concerns, Renz Center initiated the Community Homeless Integration Project (CHIP) last fall. CHIP is an intensive comprehensive case management program where CHIP case managers work collaboratively with local partners to provide wide-ranging care. Funding for CHIP was made possible by the Substance Abuse Mental Health Services Administration (SAMHSA).

“Many times individuals who are homeless have multiple problems that must be addressed, often times getting lost in the social service shuffle,” said CHIP Project Director Scott Austgen. “Now with CHIP, a case manager follows each individual step-by-step to ensure they get the care they need...no one falls through the cracks due to miscommunications or the individual’s inability to follow through.”

Working Together

Renz Center’s CHIP program is a community multi-social service agency collaboration in an effort to provide individuals with the resources they need. CHIP’s partners:

- Community Crisis Center

- Ecker Center for Mental Health
- Greater Elgin Family Care Center
- Lazarus House
- PADS of Elgin

The benefit of agency collaboration is better communication and treatment. Individuals who relapse often rebound quicker when care givers are familiar with all of their needs.

Wish List

Individuals who participate in the CHIP program receive incentive items to encourage program motivation, participation and improved outcomes. If you would like to make a difference in the life of a homeless person, Renz Center is asking for the following incentive donations:

- Gift cards to Target, Wal-Mart, Jewel, Meijer, or Dominick’s in \$10 increments
- Toiletries, such as toothbrushes, toothpaste, shampoo, soap, & deodorant
- Hats, gloves, scarves & socks
- Sunglasses
- Watches & alarm clocks Calendars, datebooks, notebooks & folders
- Games, books, CDs, MP3 player

All wish list items may be dropped off at any of Renz Center’s locations in Elgin or Streamwood, Monday thru Thursday, or St. Charles on Wednesdays. All incentive items/gifts are tax deductible.

Join The Voices for Recovery

This September, people throughout the country will join together to promote the healing message of recovery by participating in the 22nd annual observance of National Alcohol and Drug Addiction Recovery Month. This year’s Recovery Month theme, “Join the Voices for Recovery, Now More Than Ever,” encourages community residents to seek all available resources from within the community and Internet to obtain addiction information, counseling resources and support.

“Recovery Month is a time to congratulate the individuals who are living drug-free, and a time to reach out and help those in need who may have an addiction problem,” said Executive Director Jerry Skogmo. “Renz Center’s website offers a variety of educational information on alcohol and drug addiction treatment, recovery and support, in addition to a free confidential step-by-step assessment test.”

A substance use disorder, like many chronic illnesses, such as diabetes, high blood pressure and asthma, are a disease that can

affect anyone. “An estimated 2.7 million people aged 12 or older used an illicit drug for the first time in the past year,” reported the *National Survey on Drug Use and Health: National Findings, 2007*. And for most people, treatment works. According to The Robert Wood Johnson Foundation, February 2001, “recent studies show that after six months, treatment for alcoholism is successful for 40 to 70 percent of clients; cocaine treatment is successful for 50-60 percent, and opiate treatment for 50-80 percent.”

Do You Think You Have A Substance Abuse Problem?

For a free substance abuse assessment and one-on-one consultation, visit Renz Addiction Counseling Center September 21, from 11 a.m.-1 p.m. at Two American Way in Elgin or September 22, 10-11 a.m. at 309 Walnut St. in St. Charles. No appointment necessary.

Renz Center salutes all the individuals who are now living drug-free and have begun their recovery journey.

Capital Campaign Update: Clinical Services Looks To Expand

The *Investing in the Community* Capital Campaign efforts continue to move forward as Administrative Services has moved into the One American Way building in Elgin, now sharing the second floor with Prevention Services. The first floor of the building will continue to be leased to outside businesses.

With all the renovations and moving complete, Clinical Services now encompasses the entire Two American Way building and is able to expand treatment services. The first to expand is Renz Center's new Community Homeless Integration Program (CHIP). CHIP is a unique program geared toward providing case management care to the growing homeless population. As the capital campaign continues, more programs will be added or expanded.

"The capital campaign is at a pivotal point where we need the community to rally together to help Renz Center complete its fundraising efforts," said Renz Board Member Laura Newman. "We can't continue to expand treatment or prevention services until our goal has

been reached."

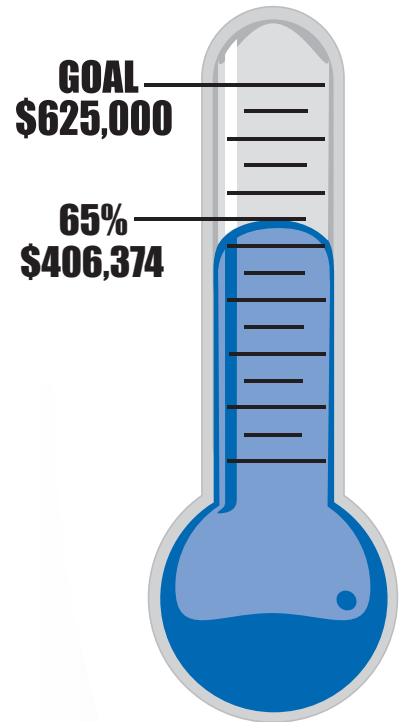
Local community members and organizations have raised over \$406,374 for the capital campaign thus far; the goal being \$625,000. The capital campaign will begin its final fundraising phase with community outreach efforts.

WE NEED YOUR SUPPORT!

Help make a difference in the life of someone who needs substance abuse treatment with a contribution to Renz Center's *Investing in the Community* Capital Campaign. For more information, visit www.RenzCenter.org/capital-campaign/html.

THANK YOU FOR YOUR SUPPORT!

Renz Center would like to thank **Kiwanis Club of Elgin** and the **Grand Victoria Foundation** for their recent support of the *Investing in the Community* Capital Campaign.



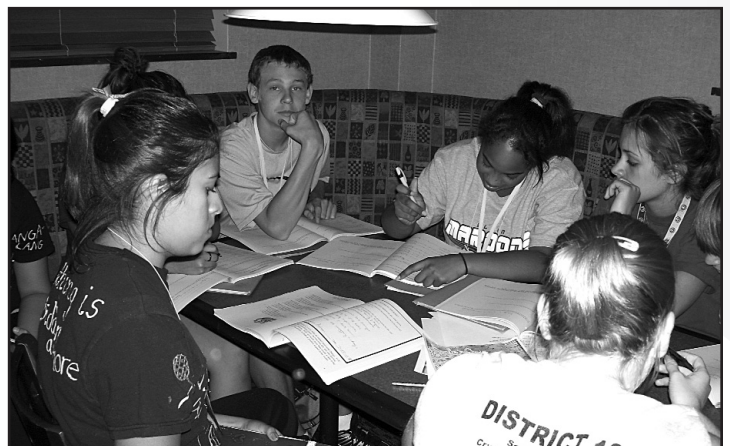
Camp Teaches Leadership Skills, Drug Prevention

Teens across Illinois participated in this year's 36th Annual Illinois Teen Institute (ITI) Substance Abuse Prevention and Leadership Camp this past July at Monmouth College. Renz Center coordinated local involvement, with over 25 teens participating in the camp. The camp is open to all incoming middle school through grade 12 students.

The Illinois Teen Institute is a state and national award-winning prevention program which emphasizes positive peer influence and helps teens and adults join together to prevent alcohol and other drug abuse. Throughout the week, ITI campers attended workshops, participated in discussion groups, and created an action plan for their community to help prevent alcohol and drug abuse.

"The camp is a great place for teens to build leadership skills, elevate their self-esteem, and interact with other each other while also learning about healthy lifestyle choices," said Renz Center's Prevention Coordinator Ricardo Gasca. "It is a great place for teens to talk freely about drugs in their community, and learn prevention skills."

The ITI camp is sponsored in part by the Illinois Alcohol and Drug Dependence Association (IADDA). Local sponsors included the Illinois Sheriff Association, Operation Snowball Inc., Linden Oaks at Edward, and School District U-46. Renz Center's Prevention Services' staff organized camp participation locally and assisted teens throughout the week.



Employee Anniversaries April – September

1 Year

Elizabeth Strong
Lisandra Guiraldelli

2 Years

Howard Rogers

3 Years

Ron Ahlberg
Julie Pena
Lysette Pullman
Tanya Verney

5 Years

Scott Bracken

6 Years

Jackie DeLaney
Jim Hall
Deb Howe

7 Years

Carolyn Clark

9 Years

Scott Austgen
Terri Lee

10 Years

Kathy Mack
Barbara Pachmayer

11 Years

Dave Crement

17 Years

Carlos Chavez
Colleen Koncilja

21 Years

Patti Anderson

Renz Bids Farewell to Valued Board Member

After serving nine years on Renz Center's board of directors, Lauri Beu bids farewell in pursuit of other interests. Beu came to Renz Center as an Elgin Leadership Academy intern, and quickly rose to be an elected board member after illustrating strong dedication, community involvement and leadership abilities. As a board member, Beu has served on the Public Relation/Marketing and Finance/Personnel Committees, and two years as vice president. Beu played a critical role in Renz Center's capital campaign, and was active in such fundraising events as the Gala, \$1,000,000 Hole-in-One Shootout, and Epicurean Delight.

Renz Center's board, management and staff wish Lauri noth-



Happy Anniversary Renz!



Renz Center will celebrate its 50th anniversary next year. We welcome interested individuals who would like to be on a committee to plan the celebration! For more information, call Deb Howe at (847) 742-3545 ext. 236 or through email at dhowe@RenzCenter.org.

Welcome To The Board

Renz Center would like to welcome two new board members:

Board member responsibilities include helping Renz Center carry out its mission, services, policies and programs. All board members are actively involved in special event activities, fund development, and community awareness.



James Lamkin
Chief of Police
City of St. Charles
Police Department



Jeff Risch
Attorney &
Partner
SmithAmundsen

World AIDS Day Observed Around The World

Observed the 1st December of every year, World Aids Day is dedicated to raising awareness of the AIDS (Acquired Immune Deficiency Syndrome) pandemic caused by the spread of HIV infection. According to the Center for Disease Control, "There are currently 1.1 million people living with HIV in the United States, and an estimated 250,000 (one in five) do not know their status. Of the roughly 56,000 people who become infected every year, 40% will not learn of their status until they have developed AIDS. This means people can be living with the virus, untreated, and therefore highly transmissible, for more than 10 years without knowing it."

Despite recent improved access to antiretroviral treatment and care in many regions of the

world, the AIDS epidemic claimed an estimated 2 million lives in 2008, of which about 270,000 were children. A simple red ribbon is one of the most widely recognized symbols of HIV and AIDS awareness and support for people living with this disease.

For a schedule of World Aids Day activities at Renz Center, contact HIV Coordinator Katie Stauffer at (847) 742-3545 ext. 262, through email at

